

# Providence New Moms' Group at Providence Portland Medical Center

**As you begin your journey into parenthood, we invite you to attend our FREE support group.**

## **New Moms' Group**

Join us for an informal support group led by a facilitator to help you connect with other moms, share your joys and challenges, and ask questions.



**Location:** Providence Child Center, 830 NE 47<sup>th</sup> Avenue, Portland

**Date:** Weekly on Thursdays

**Time:** 1:00 to 3:00 p.m.

**Cost:** Free

For more information or to register, visit [www.providence.org/oregonclasses](http://www.providence.org/oregonclasses) or call Providence Health Education Services at 503-216-5641