



Trauma Informed Parenting Series

with **Emily Santiago, LEP, NCSP**
Executive Director of Center for Social Resilience

5 WEEK SERIES
Monday Evenings
April 1st - April 29th
6:00 PM - 7:30 PM

Registration required for each session

Week 1 - Introduction: Care for the Caregiver

Week 2 - Brain Science and Behavior

Week 3 - Emotional Regulation and Relationships

Week 4 - Strategies: Collaborative Problem Solving and Mindfulness

Week 5 - Collective Wellbeing, Building Community, Working with Schools



**Este es un taller de idioma inglés. Hay interpretación disponible con previa solicitud.
Llama al 503-215-2429, opción 5**

This is an English language workshop. Interpretation is available upon request.
Call 503-215-2429, option 5

For more information:
swindells@providence.org
503-215-2429



Click or scan
to register